

**Original Article****Clinical Significance of Assessment of Thrombospondin and Placenta Growth Factor Levels in Patients with Sickle Cell Anemia: Two Centers Egyptian Studies**Adel A Hagag,<sup>1</sup> Ghada Elmashad<sup>3</sup> and Aml Ezzat Abd El-Lateef<sup>2</sup><sup>1</sup>Pediatrics Department, <sup>2</sup>Clinical Pathology Department, Faculty of Medicine, Tanta University, Egypt<sup>3</sup>Pediatric Department, Faculty of Medicine, Elmenofia University, EgyptCorrespondance to: Adel A Hagag. E-mail: [adelhagag20@yahoo.com](mailto:adelhagag20@yahoo.com)**Competing interests:** The authors have declared that no competing interests exist.

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This article is available from: <http://www.mjhid.org/article/view/13060>This is an Open Access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/2.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.**Abstract.****Background:** Sickle cell disease has a worldwide distribution. Vaso-occlusive crisis (VOC) is one of the most important clinical features of the disease. Thrombospondin (TSP1) and Placenta growth factor (PIGF) have been reported to be involved in sickle cell diseases (SCD).**Objective:** The aim of this study was to assess the clinical significance of Thrombospondin and Placenta growth factor profiles in patients with sickle cell disease.**Patients and methods:** This study was carried out in sixty patients with sickle cell anemia who were attendants to Hematology units, Pediatric Departments, Tanta and Elmenofia University Hospitals in the period between December 2011 and May 2014 including thirty patients during vaso-occlusive crisis and thirty patients out of crisis. Also this study included twenty healthy children of matched age and sex as a control group. Serum TSP1 and PIGF levels were analyzed by ELISA.**Results:** In SCA patients with crisis the mean serum Thrombospondin level was  $902.5 \pm 280.89$  ng/mL; in SCA patients out of crisis the mean serum Thrombospondin level was  $462.5 \pm 190.2$  ng/mL and in controls the mean value was  $236.66 \pm 58.29$  ng/mL. In SCA patients with crisis the mean serum Placenta growth factor level was  $19.97 \pm 1.28$  pg/ml; in SCA patients out of crisis the mean serum Placenta growth factor level was  $13.12 \pm 1.82$  pg/ml and in controls the mean value was  $9.89 \pm 1.20$  pg/ml. All paired comparisons for Thrombospondin and Placenta growth factor reached statistical significance ( $P < 0.001$ ). There was significant positive correlation between serum Thrombospondin and Placenta growth factor levels in sickle cell anemia patients during crisis ( $r=0.848$ ,  $p < 0.001$ ).**Conclusions:** This is the first study to show TSP1 and PIGF concentration changes in patients with SCD in a large cohort study from Middle East, and to show correlation between both markers; therefore TSP1 and PIGF may be useful VOC markers in SCD patients.**Recommendation:** To further assess TSP1 and PIGF as a marker of VOC in patients with SCD, further studies should be conducted to determine the exact point before VOC, when serum TSP1

**and PIGF levels begin to increase. This requires monitoring of the TSP1 and PIGF levels in sickle cell patients out of crisis, showing how rapidly these levels increase just before VOC development.**

**Introduction.** Sickle cell disease (SCD) is hereditary hemoglobinopathy characterized by abnormal hemoglobin production, hemolytic anemia, and intermittent occlusion of small vessels, leading to acute and chronic tissue ischemia, chronic organ damage, and organ dysfunction.<sup>1</sup> Sickle hemoglobin (Hb S) is common and clinically significant hemoglobin structural variant.<sup>2</sup>

Hb S is caused by  $\beta$ -globin gene mutation in which the 17<sup>th</sup> nucleotide is changed from thymine to adenine and the 6<sup>th</sup> amino acid in the  $\beta$ -globin chain becomes valine instead of glutamic acid; this mutation produces a hydrophobic motif in the deoxygenated Hb S tetramer that results in binding between  $\beta_1$  and  $\beta_2$  chains of two hemoglobin molecules. This crystallization produces a polymer nucleus, which grows and fills the erythrocyte, disrupting its architecture and flexibility and promoting cellular dehydration.<sup>3</sup> Damage to the erythrocyte cell membrane occurs as it passes through the microcirculation, shortening its life span and causing chronic hemolytic anemia.<sup>1</sup> Also Hb S polymerizes when sickle RBCs are exposed to hypoxic conditions in the microcirculation, leading to increased cellular adhesiveness, nitric oxide depletion and vaso-occlusion.<sup>4</sup> Most patients will have severe pain due to occlusion of blood flow to bones, muscles, arms, legs, back, abdomen, and chest.<sup>5</sup>

Cytokines and adhesion molecules play an important role in the pathophysiology of vaso-occlusion in SCD.<sup>6</sup> Placenta growth factor (PIGF) is released by immature erythrocytes and is elevated in SCD and may play a role in the pathophysiology of sickle cell disease-associated pulmonary hypertension by inducing the release of vasoconstrictor substance called endothelin-1.<sup>7</sup>

Platelets are activated in SCD particularly during vaso-occlusive episodes (VOE).<sup>8</sup> Increased platelet activation likely plays a catalytic role in vaso-occlusion and vasculopathy in SCD<sup>9,10</sup> by increasing the adhesion of sickle RBCs to the endothelium<sup>11</sup> via secretion of fibrinogen, von Willebrand Factor<sup>12</sup> and Thrombospondin-1 (TSP1)<sup>13</sup> and promoting further intimal damage.<sup>14</sup>

TSP1 is multifunctional glycoprotein containing domains for adhesive proteins, enzymes, cell receptors that is abundantly present in platelet  $\alpha$ -granules, and is a key player in vascular biology.<sup>15</sup> TSP1 is the major secretory product of activated platelets, which is increased in VOE.<sup>8</sup> TSP1, via its cognate receptor CD47, modulates vascular responses to hypoxia, regulates vaso-constriction, inhibits angiogenesis, and

promotes adhesion of sickle RBCs to the endothelium.<sup>16</sup> Moreover, TSP1 inhibits NO signaling pathway through binding to the receptors CD36 and CD47 expressed on endothelial cells and platelets<sup>(17, 18)</sup> thus; TSP1 represents a plasma biomarker of disease severity in SCD.<sup>8</sup>

**Aim of this Study.** The aim of this study was to assess the clinical significance of Thrombospondin and Placenta growth factor profiles in patients with sickle cell disease during crisis and in steady state.

**Patients and Methods.** This study was done after approval from ethical committee of research center in Tanta and Elmenofia University Hospitals and informed written parental consent from every case that participates in this research and was carried out on 60 cases with sickle cell disease (HbSS) who were admitted or under follow up at Hematology unit, Pediatric department, Tanta and Elmenofia University Hospitals in the period between December 2011 and May 2014, including thirty patients with sickle cell anemia during vaso-occlusive crisis (18 males and 12 females) and thirty patients in steady state out of crisis (15 males and 15 females). Also this study included twenty healthy children of matched age and sex as a control group. To ensure that the patients is not in crisis samples were obtained from patients who had no acute sickle events, fever, or infections 3 weeks before or 3 weeks after the blood sample and were not transfused within the last 90 days.<sup>19</sup> Vaso-occlusive crisis is acute painful condition at any site of the patient's body due to occlusion of blood flow to bones, bone marrow, muscles, organs, arms, legs, back, abdomen, or chest<sup>5</sup>.

*For all patients the following were done:*

- Complete history taking
- Thorough clinical examination with especial account on pallor, jaundice, leg ulcers, hepatomegaly and splenomegaly.
- Laboratory investigations including:
  - a) Complete blood count. One ml of venous blood were collected using sterile needles through gentle venipuncture after sterilization of site of puncture by alcohol, and collected samples were delivered on 20 uL EDTA solution for complete blood count including reticulocytic count and differential count which was done on leishman stained peripheral blood smear with evaluation using ERMA PCE-210 N cell –counter.<sup>20</sup>
  - b) Serum thrombospondin levels. Two ml of venous blood samples from patients and controls

were collected in citrated tubes and immediately transferred to laboratory at 4°C. The tubes were inverted 8–10 times and then subjected to double centrifugation at 1500g at 4°C to obtain platelet poor plasma (PPP). The supernatant was aliquoted into cryotubes and stored at –80°C until the day of testing by ELISA. PPP were thawed and assessed for levels of TSP1 by ELISA in duplicate (R&D Systems, Minneapolis, MN).<sup>8</sup>

c) Serum placenta growth factor levels. Two ml of Heparinized venous blood samples was obtained from patients with SCD and healthy controls. The blood samples were centrifuged at 0°C - 4°C and 1000g for 15 minutes and plasma was separated within 2 hours of sample collection and stored at –80°C until it was assayed. PlGF concentration was determined on cell-free heparinized plasma using ELISA.<sup>19</sup>

Statistical analysis. Data were collected and analyzed using SPSS for windows (version 12). All Data were expressed as in terms of mean values ± SD. Comparisons of parameters among groups were made using the paired t test. Two-group comparisons were performed non-parametrically using the Mann-Whitney U test. All statistical tests were two tailed, and  $P < 0.05$  was considered statistically significant.

**Results.** There were no statistically significant differences between sickle cell anemia patients with and without vaso-occlusive crisis as regards age, sex, pallor, jaundice, leg ulcers, hepatomegaly and splenomegaly (**Table 1**).

There were statistically significant differences between patients with or without VOC and control group as regards platelets; RBCs and WBCs but there were no statistically significant differences between patients with and without VOC (**Table 2**).

Mean serum Thrombospondin levels were significantly higher in sickle cell anemia patients with crisis than those out of crisis and were significantly higher in sickle cell anemia patients with or without crisis than control group (**Table 3**).

Mean serum Placenta growth factor levels were significantly higher in sickle cell anemia patients with crisis than sickle cell anemia patients out of crisis and were significantly higher in SCA patients with or without crisis than controls (**Table 3**).

Significant positive correlation was found between serum Thrombospondin and Placenta growth factor levels in sickle cell anemia patients during crisis (**Figure 1**).

**Discussion.** Sickle cell disease is one of the most important single gene disorders of human beings<sup>21</sup> that

**Table 1:** Clinical data of studied patients with sickle cell disease.

Patients data	Sickle cell anemia (HbSS) with VOC (n=30)	Sickle cell anemia (HbSS) out of crisis (n=30)	X2	P
<b>Sex</b>				
Males	18 (60%)	15 (50%)	2.99	0.39
Females	12 (40%)	15 (50%)	1.48	0.25
<b>Age</b>				
Mean age (range) in years	8.86 ± 2.74 (7-11)	10.30 ± 4.05 (8-12)	1.47	0.15
<b>Clinical manifestations</b>				
Pallor	24 (80%)	21 (70%)	0.14	0.70
Jaundice	21 (70%)	22 (73.3%)	0.26	0.22
Hepatomegaly	23 (76.6%)	24 (80%)	0.23	0.88
Splenomegaly	20 (66.6%)	19 (63.3%)	0.11	0.73
Leg ulcers	2 (6.66%)	1 (3.33%)	0.97	0.55

**Table 2.** Comparison between sickle cell anemia patients with or without crisis and control group regarding complete blood picture.

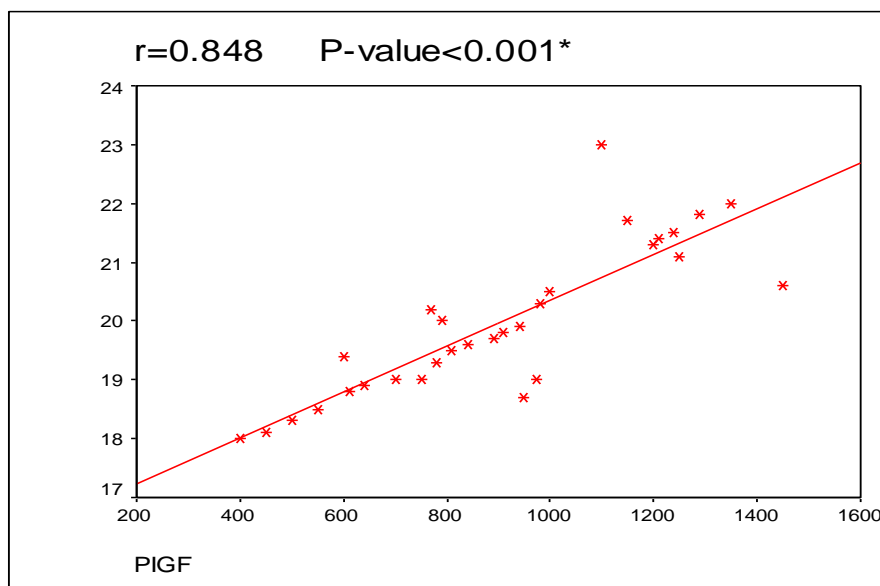
Parameters	Sickle cell anemia with VOC (n=30)	Sickle cell anemia out of crisis (n=30)	Control (n=20)
<b>WBCS @</b>			
Mean (range)	11.8 ± 3.91(6.7-18.5)	10.74± 3.25 (7-18)	6.72±2.51(4-12)
T value	1.12 <sup>‡</sup>	3.44 <sup>0</sup>	3.22*
P value	0.96 <sup>‡</sup>	0.006 <sup>0</sup>	0.008*
<b>Platelets @</b>			
Mean (range)	359.6 ± 32.45 (160-650)	357.65 ± 35.71(170-680)	292± 18.75(150-420)
T value	0.75 <sup>‡</sup>	3.22 <sup>0</sup>	4.52*
P value	0.11 <sup>‡</sup>	0.01 <sup>0</sup>	0.03*
<b>RBCS ©</b>			
Mean (range)	2.3± 0.3 (2.3-2-7)	2.57±0. 2(2.3-3)	3.7-4.3)3.72 ± 0.22
T value	0.96 <sup>‡</sup>	2.88 <sup>0</sup>	2.66*
P value	0.63 <sup>‡</sup>	0.028 <sup>0</sup>	0.04*

@ WBCs and platelets in thousands /mm<sup>3</sup>, © RBCS in million /mm<sup>3</sup>. \* SCD with crisis versus control, <sup>0</sup> SCD out of crisis versus control, <sup>‡</sup> SCD with crisis versus out of crisis.

**Table 3.** Comparison between serum levels of Thrombospondin and PIGF in Sickle cell anemia with or without crisis and control group.

Parameters	Sickle cell anemia with VOC (n=30)	Sickle cell anemia out of crisis (n=30)	Control (n=20)
<b>Thrombospondin (ng/mL)</b>			
Mean (range)	902.5±280.89(400-1450)	462.50± 190.20 (190-900)	236.66±58.29(130-320)
T value	8.83 <sup>‡</sup>	5.93 <sup>0</sup>	13.24*
P value	<0.001 <sup>‡</sup>	<0.001 <sup>0</sup>	<0.001*
<b>PIGF (pg/ml)</b>			
Mean (range)	19.97±1.28 (15-23)	13.12± 1.82 (11-18)	9.89 ± 1.20 (8-13)
T value	34.37 <sup>‡</sup>	16.65 <sup>0</sup>	8.21*
P value	<0.001 <sup>‡</sup>	<0.001 <sup>0</sup>	<0.001*

\* SCD with crisis versus control, <sup>0</sup> SCD out of crisis versus control, <sup>‡</sup> SCD with crisis versus out of crisis.



**Figure 1.** Correlation between thrombospondin and placenta growth factor levels in patients with sickle cell anemia with vaso-occlusive crisis.

affects 1/400 individuals of African descent, as well as people of Arab, Indian and Hispanic descents.<sup>22</sup> VOC has a complex nature, involving interactions between sickle red blood cells, endothelium, and leucocytes. Endothelial damage due to recurrent adhesion of sickle RBCs may disrupt endothelial function, leading to altered cytokine release. Altered balance of proinflammatory and anti-inflammatory cytokines plays an important role in a painful crisis in SCD patients.<sup>23</sup> Placenta growth factor is angiogenic growth factor released by immature erythrocytes and is elevated in SCD.<sup>24,25</sup> Thrombospondin-1 is the major secretory product of activated platelets and is a key player in vascular biology that is increased in VOE.<sup>8,15</sup>

In this study Thrombospondin and Placenta growth factor were measured by a commercially available ELISA kits in 60 sickle cell disease patients including 30 cases in steady state and 30 cases in a painful crisis compared with 20 normal controls.

In the present study mean, serum Thrombospondin levels were significantly higher in SCA patients with crisis than patients out of the crisis and were significantly higher in SCA patients with or without

crisis than controls. This datum was in agreement with Novelli et al 2013<sup>26</sup> who found the same results and Novelli et al 2012<sup>8</sup> who tested 27 patients in steady state and 14 patients with VOE, as well as 17 healthy controls and found the same results with a positive correlation between TSP-1 levels and vaso-occlusive complications and history of acute chest syndrome<sup>8</sup> and explained this by increased platelet activation and degranulation, that can lead to increased plasma levels of TSP1 in patients with sickle cell anemia with or without crisis, in accordance with a prior study that showed increased platelet activation in VOE.<sup>10</sup>

In the current study placenta, growth factor levels were significantly higher in SCA patients with crisis than patients out of crisis and were significantly higher in SCA patients with or without crisis than controls. This datum was in agreement with Bottomley et al 2000,<sup>27</sup> Natalya et al 2003,<sup>19</sup> Nitin et al 2009<sup>28</sup> and Nitin et al 2010<sup>29</sup> who found significant positive correlation between PIGF concentrations and incidence of VOC and they concluded that PIGF could contribute to vascular occlusion and might modulate clinical severity, since PIGF causes a significant increase in

proinflammatory cytochemokines mRNA in monocytes.<sup>19</sup> These proinflammatory molecules contributed to the activation of leukocytes and endothelial cells, a phenomenon observed in SCD at steady state,<sup>30</sup> and may be responsible for the increased incidence of vascular occlusions in SCD subjects. The leukocytes adhesion to endothelium is a primary event in initiating vascular occlusion and secondarily causes RBCs to adhere to leukocytes or to endothelium.<sup>31</sup> Brittain et al 2010<sup>32</sup> found significantly elevated PIGF in SCD compared with healthy controls but did not observe any association of PIGF with the frequency of acute pain episodes or history of acute chest syndrome.

In this work, there were significant positive correlations between serum TSP-1 and PIGF levels in patients with sickle cell anemia during vaso-occlusive crisis. This study is, to our knowledge, the first to correlate these two parameters. The significant positive correlation between serum TSP-1 and PIGF levels in this study could be explained by hypoxia, which was shown to be a strong stimulus for angiogenesis in numerous disorders including sickle cell anemia.<sup>33</sup>

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